

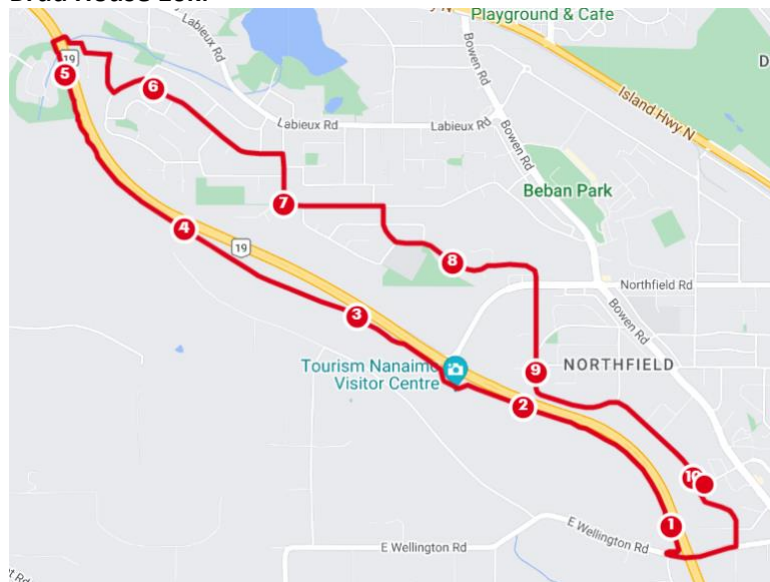
Starting Locations

Sept 17th – Brud House
Sept 24th – Buzz Coffee House
Oct 1st – White Rabbit Coffee Co.
Oct 8th – no run, Thanksgiving weekend, Victoria races
Oct 15th – Regard Coffee Roasters
Oct. 22nd – Brud House
Oct. 29th – Buzz Coffee House
Nov. 5th – White Rabbit Coffee Co.
Nov 12th - Regard Coffee Roasters
Nov 19th – Brud House
Nov 26th – Buzz Coffee House
Dec 3rd – White Rabbit Coffee Co.
Dec 10th - Regard Coffee Roasters
Dec 17th – Brud House
Dec 24th – no run Christmas Eve
Dec 31st – Buzz Coffee House

Brud House - 1861 Dufferin Crescent
Buzz Coffee House - 4890 Rutherford Rd
White Rabbit Coffee Co. - 321 Selby St A
Regard Coffee Roasters - 6540 Metral Dr #100

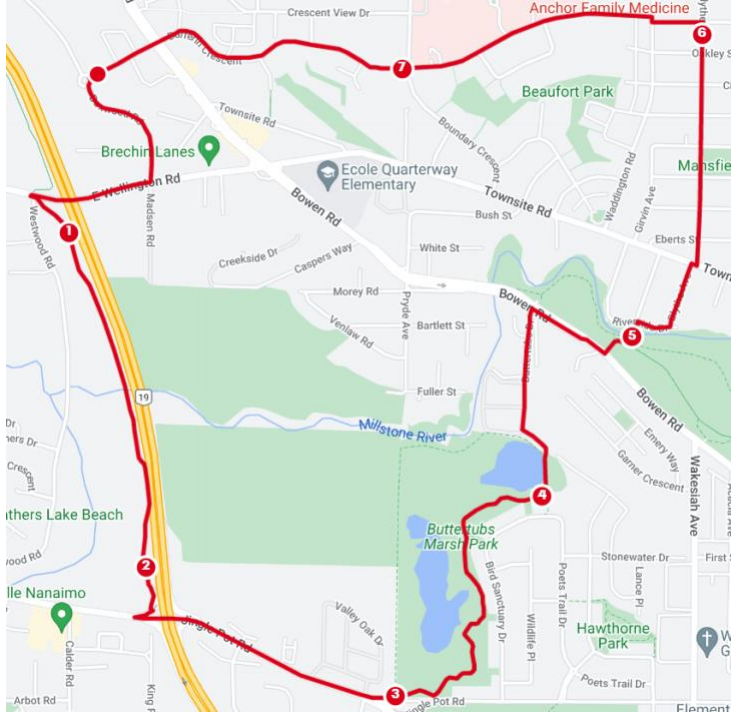
Longer run: 18k meet at 8am (we will run a 10k loop and come back to meet up with anyone doing 8k)
Shorter run: 8k meet at 9am
Coffee and treats afterwards

Brud House 10k:



[Brud House - 10k - MapMyRun](#)

Brud House 8k:



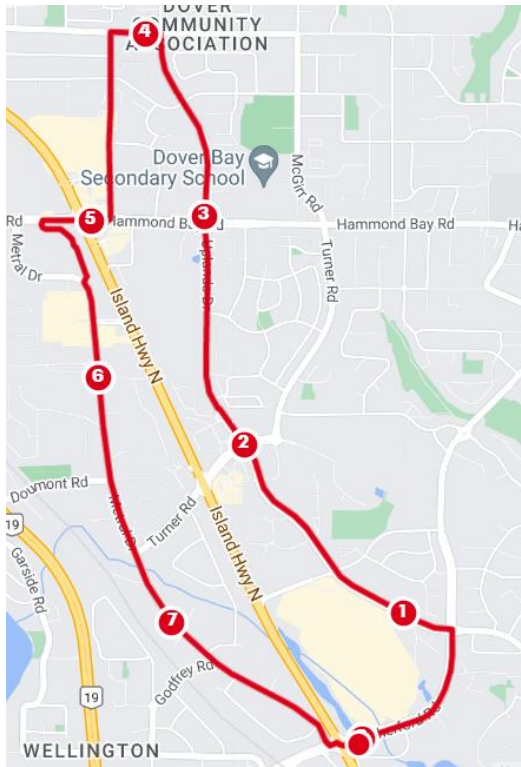
[Brud house - 8k - MapMyRun](#)

Buzz Coffee House 10k:



[Buzz Coffee House - 10k - MapMyRun](#)

Buzz Coffee House 8k:



[Buzz Coffee House 8k - MapMyRun](#)

White Rabbit Coffee Co. 10k:



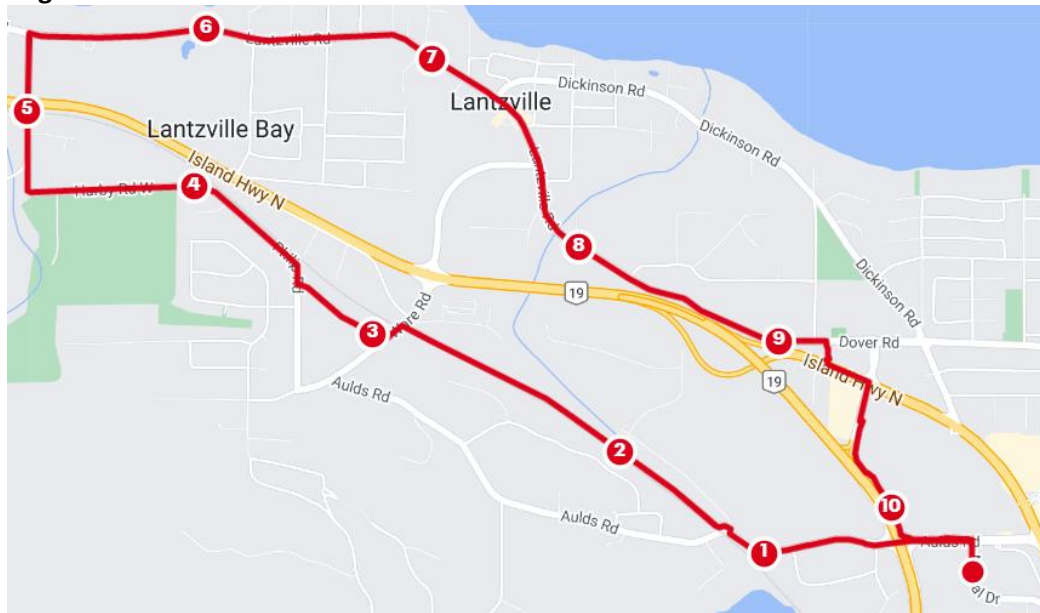
[White Rabbit 10k - MapMyRun](#)

White Rabbit Coffee Co. 8k:



[White Rabbit Coffee 8k - MapMyRun](#)

Regards 10.5k:



[Regards 10k - MapMyRun](#)

Regards 8k:



[Regards 8k - MapMyRun](#)